



Elevating People. Empowering Organizations.

Rethink Corporate Coaching: It's More Than
Employee Development





What is Coaching?

Coaching is a results-driven partnership empowering individuals to expand their capacity, overcome limitations, and align personal growth with organizational goals. At FocusU, we work with managers and leaders to navigate challenges in driving results and managing teams.

NLP



Unlock potential through
self-awareness

NLE

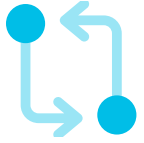


Tailored to specific
personality types

**Personalized
Conversation**



Powerful questioning,
visualizations, and
reflections



The Paradigm Shift in Coaching

Historically, organizations have considered coaching to address performance issues or retain top talent. Now, it's time to think bigger and embrace coaching as a strategic investment. Position coaching as a proactive tool for leadership development and organizational excellence.



The Traditional Approach

Performance feedback is given only during annual reviews.

Leadership is directive, with employees following predefined paths.

Coaching is seen as remedial, reserved for struggling employees.

Learning is primarily through training programs with limited personal development focus.



The New Coaching Approach

Continuous, real-time feedback and growth-oriented conversations.

Leadership nurtures a coaching culture, empowering employees to take initiative.

Coaching is a proactive strategy for all employees, driving performance, innovation, and well-being.

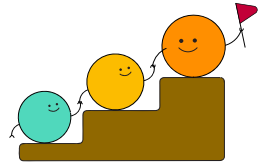
Learning is integrated into daily work, fostering ongoing self-improvement.



Why Choose Corporate Coaching?

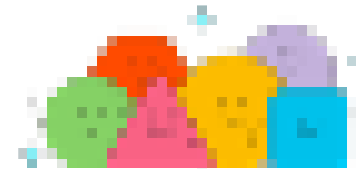
Whether your organization is navigating market changes, creating an inclusive culture, or building a leadership pipeline, corporate coaching elevates your organization.

Our coaching programs bridge the gap between your current state and your desired future, fostering sustainable competitive advantage.



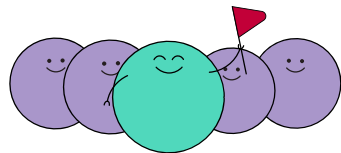
Business Results

Improve productivity and bottom-line performance



Culture Transformation

Build a high-performance, innovative culture



Leadership Excellence

Develop a strong, adaptable leadership pipeline to meet future organizational needs.

Measurable Results

Based on industry studies, including ICF Global Coaching studies, coaching yields tangible results.

65%

increase in team
effectiveness

48%

improvement in
leadership effectiveness

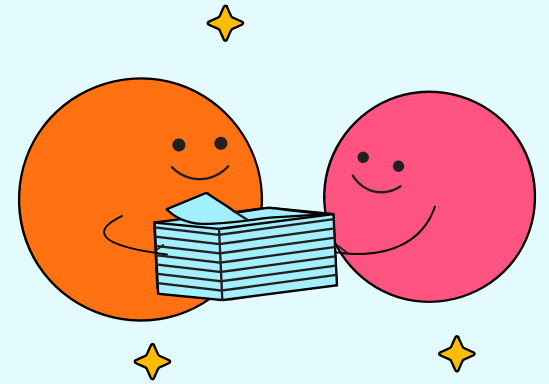
32%

reduction in talent
turnover

Why Partner with Us?

Ready to take the first step towards organizational excellence? Schedule an executive briefing, receive a customized proposal, and begin your transformation journey with FocusU.

Let us guide you toward a brighter, more successful future.



Schedule a Briefing

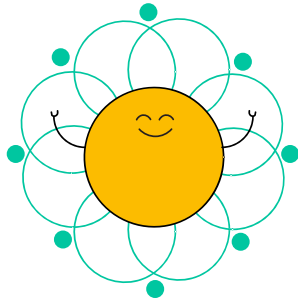


Receive a Proposal



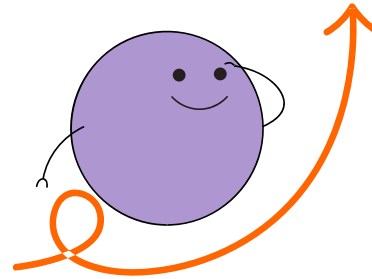
**Begin
Transformation**

Our Corporate Coaching Solutions:



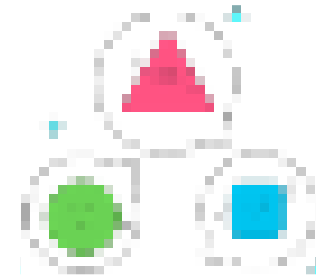
Catalyst Package (Core Coaching)

- 4-5 one-to-one coaching sessions
- Personalised action plan
- Email support between sessions



Elevate Package (Advanced Coaching)

- All benefits of the Catalyst Package
- Experiential wellness activities to enhance personal growth
- Mindfulness and stress-management techniques



Pinnacle Package (Comprehensive Coaching)

- All benefits of the Elevate Package
- Unlimited access to your coach for a full year (during business hrs)
- Quarterly goal-setting and progress reviews



FAQs about Coaching

Q. Isn't coaching just for executives or struggling professionals?

Not at all! Coaching benefits everyone—from leaders and entrepreneurs to creatives and students—helping them gain direction, confidence, and results.

Q. What if I already have a successful career? Do I still need coaching?

Absolutely! Even top performers—CEOs, athletes, and creatives—work with coaches to push their limits, refine their skills, and reach new heights.

Q. How long does coaching take to see results?

Results vary, but many experience breakthroughs in just a few sessions. Long-term coaching helps sustain growth and transformation.

Q. What happens during a coaching session?

We explore your goals, challenges, and opportunities through insightful conversations, powerful questions, and actionable strategies.

Q. I've tried self-help books and online courses—how is coaching different?

Coaching is interactive and tailored to you. Unlike books or courses, it provides real-time feedback, accountability, and strategies designed specifically for your journey.

Q. What if I don't know what I want? Can coaching still help?

Yes! That's exactly why coaching helps! We'll uncover your strengths, values, and aspirations to create clarity and direction.

Q. Is coaching worth the investment?

Think of coaching as an investment in your future. The insights, strategies, and confidence you gain can lead to better decision-making, higher performance, and greater fulfillment—benefits that often outweigh the cost.

Q. How do I know if coaching is right for me?

If you're ready to grow, take action, and create positive change in your life or career, coaching is for you! The best way to know for sure is to try it—schedule a discovery session and experience the power of coaching firsthand.



Success stories and testimonials

Working with you has been a valuable experience, and I appreciate the insights and guidance you have provided. Your expertise has been instrumental in helping me. I look forward to continuing our work together and furthering my growth under your mentorship. Thank you once again for your support and expertise Girija.

-Neda, Kalexius

The sessions have allowed me to master the leadership skills over time including the managing time and people. Setting clear objectives and making sure the objectives are achieved with better outcomes. It was one of the best training. The coach are up to the skills required to deliver and improving the skills of the trainee.

-Sameer, Eversheds

It was great, I really enjoyed the sessions, and it unlocked a lot of things.

- Pamela, ENL Rogers

Contact us:



5 252 3937



bonzur@focusu.com

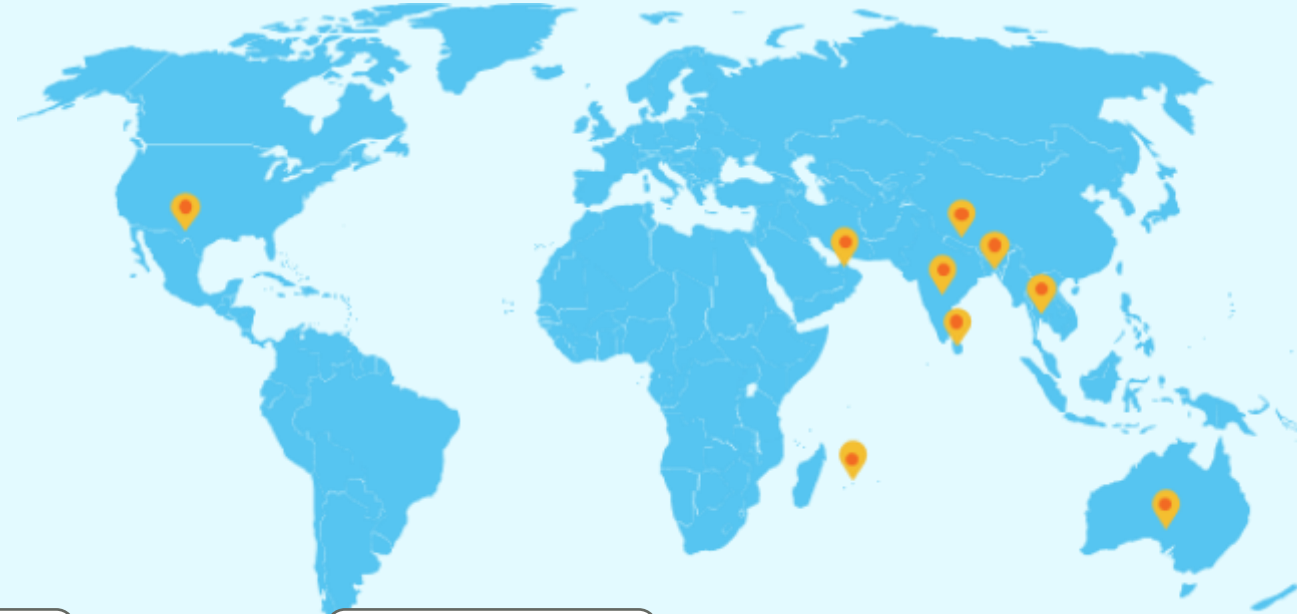


<https://focusu.com/solution/one-to-one-coaching/>



The FocusU Footprint

Since 2010, FocusU has been creating an impact through learning, backed by our unconditional "Happy or Free" promise. We employ proprietary content based on behavioral science and are trusted by customers across geographies.



2010

Established FocusU with a mission to enable people and teams through meaningful learning.

1000+

Conducting over 1000 learning workshops annually to enable teams to #BeMore.

40,000+

Impacting over 40,000 employees with our learner-centric approach tailored to client needs.